

Background Notes



November 2019

District 0490
Central New York
Area 47

A.A. PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Copyright © The AA Grapevine, Inc. Reprinted with permission



AA Responsibility Pledge

I am responsible,
When anyone, anywhere,
reaches out for help,
I want the hand of AA always to
be there.
And for that: I am responsible."

Serenity Prayer

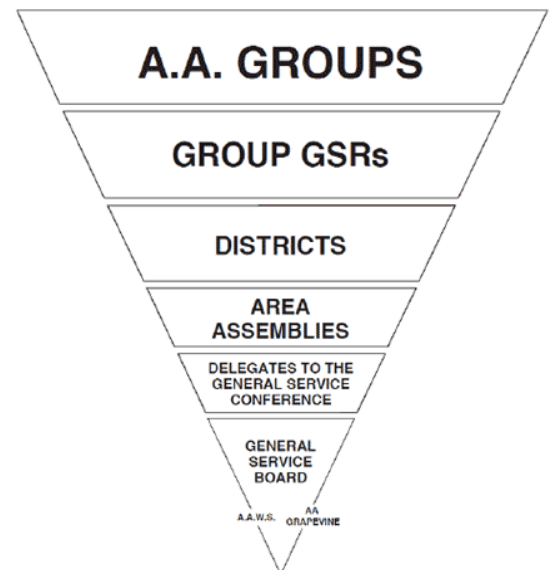
God, grant me the
serenity
To accept the things I
cannot change.
Courage to change the
things I can,
And wisdom to know the
difference

From the Newsletter Chair: Mike K

Alcoholics Anonymous does much more than we see at the group level. Last month I touched briefly upon who the Trusted Servants are at a District level, as well as the various committees in which we continue to "carry the message to the suffering alcoholic". This month we get more in depth of the activities at a District level.

Alcoholics Anonymous. Alcoholics Anonymous starts with AA Groups which drives everything else happening in AA. Each group has Group Service Representative (GSO) which reports the group activity to their respective District. The District Committee Member (DCM) attends Area Assemblies to bring up an issues or concerns from its groups. A elected District Delegate attends the General Service Conference which discusses those issues or concerns from their District. Finally, the General Service Office (GSO) and board only get involved if such issues or concerns "affect AA as a whole".

STRUCTURE OF THE CONFERENCE (U.S. and Canada)



Tradition Nine (9)

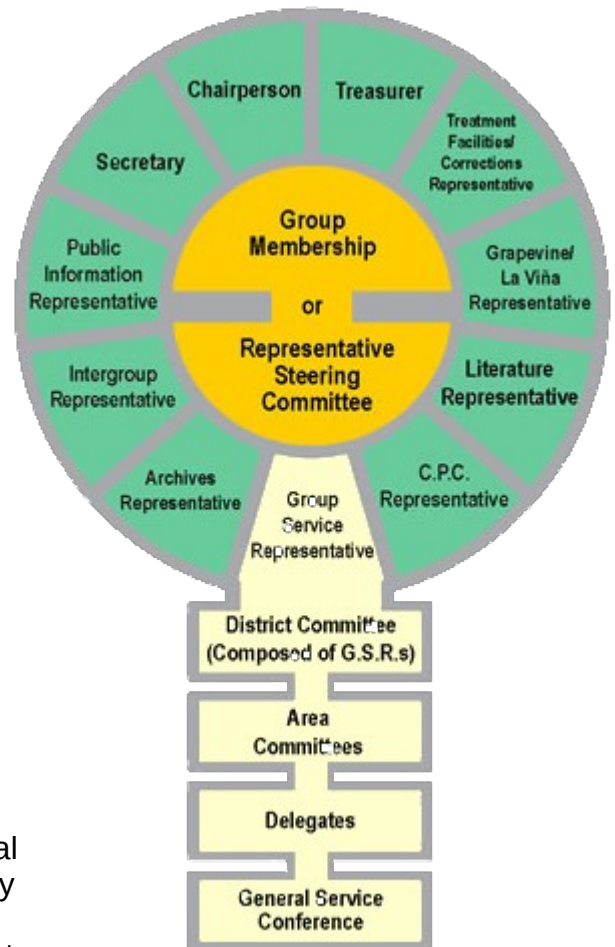
A.A., as such, ought never be organized;
but we may create service boards or
committees directly responsible to those they serve.

DISTRICT 0490 TRUSTED SERVANTS:

District Committee Member (DCM) / Chairperson	Tim S
Asst District Committee Member (ADCM)	OPEN
Secretary	OPEN
Treasurer	Dennis R
Registrar	Mike K
Grapevine	Tom

Our District 0490 is comprised of seventeen (17) individual groups. Each group has their own Chairperson, Secretary and Treasurer. They also have a General Service Representative (GSR) for that group which attends District meetings. At District meetings we discuss any issues, questions or concerns brought up by the groups. We also are informed by Tim S., the DCM, what happened at the monthly Area Committee Meeting which is comprised of all DCM's in our Area 47.

“A.A. service committees, composed mainly of representatives or liaisons from area groups, shoulder major responsibility for carrying the A.A. message into the community and around the world (see The A.A. Service Manual). Each of these committees may serve as a resource for the community through our Sixth Tradition of cooperation but not affiliation.” [P-16 – the A.A. Group]



Cooperation w/ Professional Community (CPC) - Alex	Newsletter – Mike
Treatment - Ric	Hotline – Tim
Corrections – Joe	Events – Reggie
Archives - vacant	Workshops - Richard
Accessibility - vacant	Website – Mike

Looking to do some service work? If you are interested in what a committee does, please come to the District Meeting held on the last Sunday of the month at the Oneida Recreation Center at 2 p.m.

District 0490 Events

Is your group holding a special anniversary meeting, picnic, event, etc? If you wanted listed in the newsletter, please send a email to: aadistrict0490@gmail.com .

EVENT	DATE	TIME	LOCATION	DESCRIPTION
Candlelight Anniversary Meeting	Last Sunday of Month	8:00 pm	Oneida First United Methodist Church [Main & Grove]	Speaker Meeting, Medallions for Milestones, Cake and Fellowship!
District 0490 Business Meeting [open to public]	4 th Sunday of month	2:00 pm	Oneida Parks & Recreation Center	
Harvest Dinner	Friday, Nov 29th	7:00 p.m.	Canastota Methodist Chruch Center St.	Dinner 7 p.m., Meeting at 8 p.m. Both AA & Al-anon All welcome
New Years Eve Celebration	TBA	TBA	Oneida First United Methodist Church [Main & Grove	TBA

And Finally . . .



Recovery is an ongoing process,
for both the addict and his or her
family. In recovery, there is hope.
And hope is a wonderful thing

Dean Dauphinais

WE NEED YOUR HELP!


What would you like to see in the newsletter?

Would you like to tell people about your recovery - a step, tradition or spiritual experience? Send us a short story and we'll have it published in the next edition of the newsletter!

Did you recently see an article about recovery you would like to share your opinion about or perhaps start a discussion?

The newsletter is where you can share your experience, strength and hope with another alcoholic.

Please send all comments, questions, concerns and stories to:
aadistrict0490@gmail.com .

DISTRICT 0490 INFORMATION		HOTLINE NUMBERS	
PO Box 481 Oneida, NY 13421 Email: district0490@yahoo.com Website: www.aadistrict0490.org	Next District Meetings: Sept 22, 2019 Oct 27, 2019 Nov – no mtg Dec 8, 2019	Ondeida Rome Utica Syracuse	315-533-1227 315-201-6644 315-732-6880 315-463-5011
AREA 47 INFORMATION		AA WORLDWIDE SERVICES	
CNY Area Committee Registrar P O Box 18063 Rochester, NY 14615 Website: www.aacny.org	Next Meetings: November 10th December 8th	Grand Central Station Box 459, NY 10163 Website: www.aa.org	

This newsletter is a service of and publication of District 0490, Central New York 47 of Alcoholics Anonymous> Background Notes is not endorsed nor approved by Alcoholics Anonymous Worldwide Services, Inc. or Central New York Area 47. The purpose of this newsletter is to reach out to the alcoholic who still suffers, provide information to the AA Community, and general information to the public about AA's program of recovery. The views expressed are those of the author(s) and do not necessarily reflect these of Alcoholics Anonymous World Services, Inc. CNY Area 47., or District 0490.